



1. **The Sign of the Cross**; The Apostles' Creed
2. On the first bead, pray "Our Father..."
3. On each of the next 3 beads, pray "Hail Mary..."
4. Pray "Glory Be.." and optional "O my Jesus..." and then announce the First Mystery
5. Begin meditation on the First Mystery as you pray "Our Father..."
6. Pray "Hail Mary..." on each of the ten beads in the first decade.

Repeat steps 4,5,6 for steps 7,8,9; 10,11,12; 13,14,15; 16,17,18, announcing and meditating on the consecutive mysteries.

19. Following the 5th decade, pray "Glory Be..." and "O my Jesus..."

Pray "Hail, Holy Queen...", "O God, whose..."

Conclude, as with all prayers, with "In the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**"