

DIOCESE OF LINCOLN
PHYSICAL EXAMINATION REQUIREMENTS

The Lincoln Diocesan Schools shall require evidence of a physical examination by a qualified physician within six months prior to the entrance of a child into the beginner grade and the seventh grade, or in the case of a transfer from out-of-state to any other grade of the local school; provided no such examination shall be required of any child whose parent or guardian shall object thereto in writing. [cf. School Law 79-214(3) (1998)].

Each student participating in interscholastic athletics is required to have a complete physical examination to be given after May 1 of each year. This certifies that the athlete is qualified for the entire school year, May 1 through the following closing day of school, or the current school year.

Name _____ School _____ Grade _____

Address _____ Age _____ Sex: M F

PHYSICAL FINDINGS

Ht: _____ Wt: _____

B/P: _____ P: _____

Vision:

w/correction

R: 20/____

L: 20/____

w/o correction

R: 20/____

L: 20/____

Laboratory: _____

Hemoglobin: _____

Urinalysis: _____

Other: _____

Cardiovascular _____

Lungs _____

Thyroid _____

Abdomen _____

Neurological _____

Musculoskeletal:

Neck _____

Spine _____

UE _____

LE _____

Knees _____

Feet _____

Hernia: Yes _____ No _____

Comments: _____

Required Medication: _____

Immunizations are current: Yes _____ No _____

If no, please list what is needed _____

Immunizations given: _____

☐

Student may participate in the regular program of physical education, recreation, intramurals, athletics, or related activities without undue risk or injury.

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Student may not participate in physical education, recreation, intramurals, athletics, or related activities.

Reason: _____

M.D.

Examining Physician

Date

CERTIFICATION FOR INTERSCHOLASTIC ATHLETICS

After review of the medical history and as indicated by the above record, I herewith certify that this student has passed the physical examination successfully and is physically able to participate in interscholastic athletics.

M.D.

Examining Physician

Date