

COVID 19 Guidelines for North American Martyrs School

Masks- Strongly recommended but not required at School

School Exclusion

- “Normal” exclusion policy criteria (fever, persistent cough, vomiting, diarrhea, etc.) should be used to determine if a student or staff should be excluded from school.
- The student or staff person may be allowed to return to school when symptoms subside in accord with your normal exclusion policy.

Symptomatic issues

A student or staff member must be excluded from attendance with the following symptoms and require a COVID-19 test before return. Proof of a negative test is required before return to school. (Home tests are not allowed).

- Any **ONE** of
 - Fever over 100 degrees Fahrenheit
 - Shortness of breath or difficulty breathing
 - Loss of taste or smell
- OR any **TWO** of
 - Chills longer than two hours
 - Nausea, vomiting or diarrhea
 - Sore throat
 - Headache
 - Muscle pain
 - New onset of dry cough
 - Congestion and/or runny nose

Managing Persons That Test Positive for COVID-19 - Isolation

- If a student or staff tests positive for COVID-19, they need to stay home for 5 days from the date the sample was collected (date of the test).
- If they do not have symptoms or if symptoms are resolving (including fever free for 24 hours without fever reducing medication), they can return to school on day 6. However, they must wear a mask through day 10 starting on the day the test sample was collected.
- If a student or staff cannot wear a mask, they must be excluded and must isolate for 10 days.

Managing Close Contact Exposures – Quarantine

A close contact exposure is defined as an unmasked COVID-positive individual being within six feet of another unmasked individual for a cumulative time of 15 minutes within the last 24 hours

- Students and staff do not have to be excluded if they have had a close contact exposure but must wear a mask for 10 days while at school or participating in school activities and should, if possible, be tested (PCR test) on day 5 after the exposure.
- Students and staff who have on-going high-risk exposure to a positive individual who is unable to isolate (i.e. household) should remain at home until the positive individual completes 5 days of isolation. Extra vigilance on screening for symptoms when they return is advisable and a mask should be worn for 10 days.
- If symptoms develop, they must be excluded and be tested using a PCR test.
- If a student or staff cannot wear a mask, they must be excluded for 10 days.

Classroom Transmission

If transmission is strongly suspected in a classroom (3 or more confirmed cases) within an incubation period (10 days), the following actions are recommended:

- Exclude all persons who test positive and follow isolation guidance above.
- Require masking for all students and staff who potentially had close contact for at least 10 days.

The Ever-Changing Tides of COVID

The LLCHD has worked hard to ensure we come back to school under the least restrictive environment. Using the general population guidelines given by the CDC. They worked with administrators from the area to ensure compliance. That said, the CDC is currently working on guidelines for schools. Once those are released, we may have another change. Please be patient as we make this transition.