

**NORTH
AMERICAN
MARTYRS
HALF DAY
PRESCHOOL
2022-2023**



*...a fun place to
play and learn!*

**NORTH AMERICAN
MARTYRS SCHOOL**
1101 Isaac Drive, Lincoln, NE 68521
(402) 476-7373
www.namartyrs.org

Dear Parents,

Welcome to North American Martyrs Preschool Program. We hope this year will be enriching and rewarding for all. Thank you for making us a part of your child's early schooling experience. Let us all pray for a holy, successful school year. Our objectives for preschool are to help children develop:

...Spiritually ...Socially ...Physically ...Cognitively

SCHEDULE/FEES

North American Martyrs offers a **four year old program on Monday, Wednesday, and Friday mornings or afternoons**. Children must be four years old *before July 31, 2022*. A **three year old program** will be offered on Tuesday and Thursday **mornings or afternoons**. Children must be three years old *before July 31, 2022*

Mornings: 9:00 to 11:30 am

Afternoons: 12:30 to 3:00 pm

Yearly Fee (4 year old): \$2,050.00

(3 year old): \$1,500.00

At the time of registration, a **\$150.00** nonrefundable registration fee is due. Monthly fees are due one month in advance beginning in August. Payment options will be available through the FACTS program.

► Early dismissal schedule

On days of **12:00 noon dismissal:**

Morning: 8:30 to 10:00 am

Afternoon: 10:15 to 11:45 am

On days of **1:00 p.m. dismissal:**

Morning: 8:30 to 10:15 am

Afternoon: 11:00 am to 12:45 pm

The 2022-23 school calendar will be available on the school website and emailed to the parents.

Absence: If a student will be absent, parents are asked to call the school office (402-476-7373) or email mary-mcmichen@cdolinc.net. An explanation should be given for the absence as the school is required to submit a weekly report to the County Health Department. Students should remain out of school 24 hours after fever or vomiting is gone.

SCHOOL SUPPLIES

Your child will need the following:

Box of Crayola crayons (regular size)	Folders (2)
Bottle Elmer's washable glue (white only)	Kleenex (1 box)
1 pair Fiskar scissors	Paper towels (1 roll)
School bag - <i>no zippers, drawstring bags or backpacks</i>	Paint shirt (Dad's old T-shirt)
	White copy paper (1 ream)
	Box of 5 oz. Dixie cups (1)
(Reusable shopping bags work best.)	

✓ A change of clothes kept in the school bag if child is prone to accidents labeled with child's name in a Ziploc bag.

We encourage the children to carry their own bags. Please empty the bags each day and bring only what is necessary for that day. No toys unless it is their show and tell day.

All of these supplies should be labeled with your child's name. You will be contacted when additional supplies are necessary.

OPTIONAL SUPPLIES

Parents may donate additional items to the preschool at any time during the year. Some of the frequently used supplies include:

Cotton Balls	Wet Wipes
Paper Lunch Bags	Cleaning Wipes
Colored Tissue Paper	Paper Plates
Sponges	Play-Doh
Rice	Feathers
Dry Beans	Holiday Stickers
Water Colors	Foam Stickers
Napkins	Washable Markers
Dish Soap	Scotch Tape
Hand Soap	Clay
Potting Soil and Flower Bulbs in the spring	
Pony Beads: Fall, Christmas, Spring colors	
Straws	Shaving cream
Ziplock bags—any size	Finger Paints
Glue Sticks	

COMMUNICATION

Friday is our regular preschool communication day at North American Martyrs School (**Thursday** for three year olds). Please be sure we have your current email at all times as most communication and financial statements are sent by email.

A **progress report** will be sent home two times a year.

Visit with your child after school; share his or her day as soon as possible. Please **check book bags** for notes, papers, and newsletter. Your questions and concerns are welcome any time. You will have a conference in the fall and spring. If a concern arises at school, you will be contacted.

READINESS

Children enrolled in preschool should be toilet trained and able to use the bathroom independently (no pull-ups, please). We do understand that bathroom accidents may happen. A change of clothes can be kept in a Ziplock bag in their school bag.

The children should be able to put jackets/coats and mittens off and on easily by themselves.

SNACKS

The children have snack time each day. Parents are asked to take turns providing a snack for the class. You will receive a schedule at the beginning of the month. The snack menu also includes: child's birthday, days off, and early dismissal days.

A healthy snack might be crackers, fresh fruit, or granola bars. Please do not send messy snacks such as yogurt, pudding, fruit cups or rollups. No nuts or peanuts due to food allergies. Please do not send drinks or water bottles; they will be given water at snack time.

CLOTHING

Please label with your child's name: coats, hats, sweaters, mittens (no gloves). Students do not wear uniforms; comfortable play clothes are suggested. Children should be able to dress themselves independently (no belts, gloves). Shoes and socks should be worn to preschool. Clothing should be modest; shirts and blouses with sleeves; stomachs should be covered. For safety reasons, students should not wear sandals, slip on shoes, or flip flops. Tennis shoes are recommended.

PRAYERS

The children in preschool pray spontaneous prayers for the needs of family and friends. They will also learn some of the prayers below.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayer to the Guardian Angel

Angel of God, my guardian dear, to whom God's love entrusts me here; ever this day be at my side, to light and guard, to rule and guide. Amen.

Prayer Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ our Lord. Amen.

PRESCHOOL CURRICULUM

The basic curriculum is geared towards helping all students prepare for Kindergarten. Children within the same group develop skills at varying stages, and this is taken into consideration in the classroom. Tuesday/Thursday class is a simplified age appropriate curriculum.

Religion:

- Bible stories and messages
- Christian life
- Singing
- Prayers
- Saints' lives



Music:

- Singing
- Movement
- Rhythm

Art:

- Colors
- Drawing
- Painting
- Construction paper crafts
- Creative projects



Science and Social Studies:

- Five senses
- Seasons
- Temperature (hot and cold)
- Around the world
- Animals
- Plants
- Nutrition

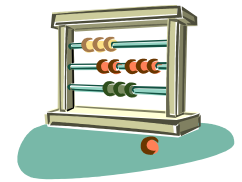


Social Skills:

- Sharing toys
- Sharing responsibilities
- Using "please" and "thank you"
- Complimenting others
- Respecting others

Math:

- Developing number concepts
- Patterns
- Size relationships
- More or less
- Formation and meaning of numerals 1-10
- Putting numerals in order
- Basic shapes
- Counting objects



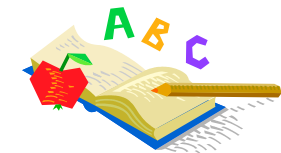
Language Arts

- Listening skills
- Thinking skills
- Communication
- Literature appreciation
- Writing



Reading and Phonics:

- Nursery rhymes
- Alphabet
- Sounds
- Alphabet formation
- Recognition of letters in words



Physical Education:

- Running, skipping, hopping
- Coordination and strength exercises using small and large muscle
- Playing together in group games
- Movement games

