

North American Martyrs

FULL DAY

Pre-Kindergarten

2024-2025



North American Martyrs School

1101 Isaac Drive, Lincoln NE 68521

(402) 476-7373

www.namartyrs.org

Dear Parents, Welcome to North American Martyrs Pre- Kindergarten Program. We hope this year will be enriching and rewarding for all. Thank you for making us a part of your child's early schooling experience. Let us all pray for a holy, successful school year. Our objectives for preschool are to help children develop:

...Spiritually ...Socially ...Physically ...Cognitively

SCHEDULE/FEES: North American Martyrs offers a full day program for four year olds following the regular school calendar. Children must be four years old before July 31, 2024. The fee is \$4,750/year (practicing Catholic) and \$5,500/year (Non-Catholic) with an additional \$70 incidental fee. At the time of registration, a \$150 nonrefundable registration fee is due. Payment options will be available through the FACTS program.

The school calendar will be available on the website and sent to parents.

ABSENCE: If a student will be absent, parents are asked to call the office (402-476-7373) or email melissa-peters@cdolinc.net and tracy-plautz@cdolinc.net (please cc the teacher). An explanation should be given for the absence as the school is required to submit a weekly report to the County Health Department identifying the types of illnesses that have kept students out of school. We ask that students remain out of school 24 hours after fever or vomiting is gone.

READINESS: Children enrolled in pre-kindergarten should be toilet trained and able to use the bathroom independently (no pull-ups, please). We do understand that bathroom accidents may happen. A change of clothes can be kept in a zip-lock bag in their school bag. The children should be able to put jackets/coats and mittens off and on easily by themselves.

ARRIVAL: Children may come into the building at 7:45 am, when the bell rings. Please do not send your child to school before 7:45 am unless you enrolled them in extended care as the doors are locked and students who arrive early will have to wait outdoors. The school day begins at 8 am.

CLOTHING: Please label with your child's name: coats, hats, sweaters, mittens (no gloves). Students do not wear uniforms; comfortable play clothes are suggested. Clothing should be modest; shirts and blouses with sleeves; stomachs should be covered. For safety reasons, students should not wear sandals, slip on shoes, or flip flops. Tennis shoes are recommended.

Pre-Kindergarten School Supplies

School bag

Crayola Crayons

Crayola washable regular markers

Crayola washable skinny markers

Watercolor paints

2 bottles of Elmer's School Glue

Minimum of 4 Elmer's Glue Sticks

Fiskars child size scissors labeled with child's name

2 folders labeled with child's name

1 box of Kleenex; 2 rolls of paper towels

1 ream of white copy paper

2 packages of wet wipes; 1 container of Clorox wipes

1 bottle hand sanitizer

2 bottles liquid hand soap (regular or refill)

Folding rest mat—4 fold and 1" thickness. Outer material should be vinyl or plastic, easily cleaned. Can be found at Mardel or on Amazon.

2 small blankets for naptime fitting inside bag to hang on 5 lb. hook (this bag is separate from school bag)

A change of clothes

Water bottle

Extra Supplies

1 clear contact paper

1 gallon refill bottle of Elmer's white school glue

Cotton Balls Paper Lunch Bags Colored Tissue Paper Paper Plates

Sponges Play-Doh Rice Feathers Dry Beans Holiday Stickers

Foam Stickers Napkins Dish Soap Scotch Tape Clay Straws

Finger Paints Pony Beads: Fall, Christmas, Spring colors

PRAYERS

The children in preschool pray spontaneous prayers for the needs of family and friends. They will also learn some of the prayers below.

Sign of the Cross- In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer - Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary- Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



Glory Be to the Father- Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayer to the Guardian Angel- Angel of God, my guardian dear, to whom God's love entrusts me here; ever this day be at my side, to light and guard, to rule and guide. Amen.

Prayer Before Meals—Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ our Lord. Amen.

Prayer after Meals—We give Thee thanks for all Thy benefits, Almighty God, who lives and reigns forever. May the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.

SPECIAL CLASSES: The students will have Music, P.E., and Library.

COMMUNICATION: Teachers will send out a weekly newsletter to keep you informed on what is going on in the room.

Thursday is our regular communication day at North American Martyrs School. Please be sure we have your current email at all times as most communication and financial statements are sent by email. A report card will be sent home each quarter. Visit with your child after school; share his or her day as soon as possible. Please check bags for notes and papers. Your questions and concerns are welcome any time. You will have a conference in the fall and spring. If a concern arises at school, you will be contacted.

SNACK: Students will have a morning snack every day. The students will take turns bringing snack. A schedule will be sent home each month. When it's your child's turn to bring snack please send a healthy, easy to serve snack. No drinks are needed.

BIRTHDAYS: We will be celebrating birthdays in our classrooms. Your child will be put on the snack calendar to bring snack on their birthday. If your child has a summer birthday we will celebrate on their half birthday.

BATHROOM BREAKS: There is a restroom connected to the full day Pre-Kindergarten classrooms, and students are allowed a restroom break as needed.

LUNCH: Pre-Kindergarten students may eat the school hot lunch or bring a cold lunch. Parents may join students if they notify the office by 9:30 that day. Students eat lunch in the lunch room each day. Parents may monitor their child's lunch account through www.myschoolbucks.com using a student number provided by the office. This student number is for the parents only, students do not need to know it. Money can be deposited to the account electronically; there is a fee for each transaction. Lunch money can also be sent directly to the school office to avoid fees.

REST TIME: There will be a daily designated rest time in each section of full day Pre-Kindergarten classroom.

Preschool Curriculum Summary

The basic curriculum is geared towards students who will be entering Kindergarten the following year. Children within the same group develop skills at varying stages, and this is taken into consideration in the classroom.

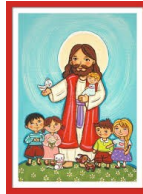
Religion/Theology: Children will experience all aspects of their Catholic Faith through...

-Weekly Mass Attendance

-Bible Stories

-Weekly visit from Assistant Priest

-Praying - Catechesis of the Good Shepherd



Social Emotional Skills: Children will be exposed to skills they can use to control themselves as they grow in confidence and learn to be a part of their family, their prekindergarten classroom, and their Christian Catholic community by...

-growing in abilities and increasing in independence

-resolving conflicts constructively

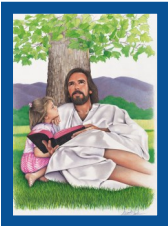
-learning tools to express their feeling and needs in a positive way

Reading and Phonics: Children will be taught skills needed for learning sounds and different aspects of language by...

-learning letter recognition and sounds

-alphabet formation

-rhyming words



Arts: Children will experience the written word through age appropriate and engaging methods such as...

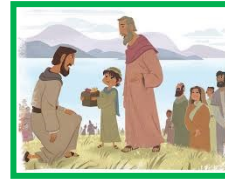
-the use of critical thinking skills to solve problems

-developing fine motor skills to enhance writing abilities

-developing oral language skills to use self-expression and increase vocabulary

-attending Library twice a week

Math: Children will be encouraged to demonstrate math in everyday



occurrences through...

-numbers and counting

-size comparisons

-shapes

Science and Social Studies: Children will practice ways to appreciate God's creation in our world, neighborhoods, parish and classroom through...

- learning about and using their 5 senses

-learning about animals

-seeing the good in all people

Art: Children will encounter how art is a unique experience and expression by..

-touching

-molding

-squishing

-experimenting with different art medium



Physical Education: Children will experience enjoyment using their bodies to move through...

-running, skipping, hopping

-good sportsmanship

-catching and throwing

-having weekly PE class

Music: Children will experience music through...

-dancing and movement

-singing

-having music class twice per week

